






September Menu

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	1 School Closed Teacher Preparation 	2 
3 	4 School Closed Labor Day 	5 AM Snack: Cereal w/ milk Lunch: Corn dogs w/ veggies PM Snack: Pirate's Booty w/ fruit	6 AM Snack: Waffles w/ fruit Lunch: Quesadillas w/ veggies PM Snack: Graham crackers w/ applesauce	7 AM Snack: French toast w/ fruit Lunch: Chicken w/ rice & hummus PM Snack: Ritz crackers w/ fruit	8 AM Snack: Cereal w/ milk Lunch: Deli Turkey Sandwiches w/ veggie chips PM Snack: Frozen yogurt w/ fruit	9

<p>10</p>	<p>11</p> <p>AM Snack: Cereal w/ milk Lunch: Mac n Cheese w/ veggies PM Snack: Goldfish w/ fruit</p>	<p>12</p> <p>AM Snack: Biscuits w/ jam & fruit Lunch: Turkey tacos w/ beans PM Snack: Pretzels w/ fruit</p>	<p>13</p> <p>AM Snack: Pancakes w/ fruit Lunch: Grilled cheese sandwiches w/ veggies PM Snack: Vanilla pudding w/ wafers</p>	<p>14</p> <p>AM Snack: Yogurt w/ fruit Lunch: Dino nuggets w/ veggies PM Snack: Animal crackers w/ fruit</p>	<p>15</p> <p>AM Snack: Oatmeal w/ fruit Lunch: Pizza w/ veggies PM Snack: Jell-O w/ fruit</p>	<p>16</p>
<p>17</p> 	<p>18</p> <p>AM Snack: Cereal w/ milk Lunch: Pasta & marinara sauce w/ veggies PM Snack: Cheez-It's w/ fruit</p>	<p>19</p> <p>AM Snack: Bagels w/ cream cheese & fruit Lunch: Turkey hot dogs w/ veggies PM Snack: Chex mix w/ fruit</p>	<p>20</p> <p>AM Snack: Waffles w/ fruit Lunch: Egg & cheese English muffins w/ veggies PM Snack: Graham crackers w/ applesauce</p>	<p>21</p> <p>AM Snack: Cream of Wheat w/ fruit Lunch: Fish Sticks w/ veggies PM Snack: Ritz crackers w/ fruit</p>	<p>22</p> <p>AM Snack: Pumpkin spice muffins w/ fruit for first day of Fall! Lunch: Deli Turkey Sandwiches w/ veggie chips PM Snack: Frozen yogurt w/ fruit</p>	<p>23</p> <p>First Day of Fall!</p> 
<p>24</p>	<p>25</p> <p>AM Snack: Cereal w/ milk Lunch: Mac n Cheese w/ veggies PM Snack: Goldfish w/ fruit</p>	<p>26</p> <p>AM Snack: Biscuits w/ jam & fruit Lunch: Taquitos w/ veggies PM Snack: Pirate's Booty w/ fruit</p>	<p>27</p> <p>AM Snack: Pancakes w/ fruit Lunch: Quesadillas w/ veggies PM Snack: Vanilla pudding w/ wafers</p>	<p>28</p> <p>AM Snack: French toast w/ fruit Lunch: Chicken w/ rice & hummus PM Snack: Animal crackers w/ fruit</p>	<p>29</p> <p>AM Snack: Cereal w/ milk Lunch: Pizza w/ veggies PM Snack: Jell-O w/ fruit</p>	<p>30</p> 