





# JANUARY MENU

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 	4 <b>AM Snack:</b> Biscuits w/ jam & fruit <b>Lunch:</b> Taquitos w/ veggies <b>PM Snack:</b> Pirate's Booty w/ fruit	5 <b>AM Snack:</b> Pancakes w/ fruit <b>Lunch:</b> Quesadillas w/ veggies <b>PM Snack:</b> Vanilla Pudding w/ wafers	6 <b>AM Snack:</b> French Toast w/ fruit <b>Lunch:</b> Dino Nuggets w/ veggies <b>PM Snack:</b> Animal Crackers w/ fruit	7 <b>AM Snack:</b> Cereal w/ milk <b>Lunch:</b> Deli Turkey Sandwiches w/ veggie chips <b>PM Snack:</b> Jell-O w/ fruit	8 
9	10 <b>AM Snack:</b> Cereal w/ milk <b>Lunch:</b> Mac & Cheese w/ veggies <b>PM Snack:</b> Goldfish w/ fruit	11 <b>AM Snack:</b> Bagels w/ cream cheese & fruit <b>Lunch:</b> Corn Dogs w/ veggies <b>PM Snack:</b> Pretzels w/ fruit	12 <b>AM Snack:</b> Waffles w/ fruit <b>Lunch:</b> Egg & Cheese English Muffins w/ veggies <b>PM Snack:</b> Graham Crackers w/ applesauce	13 <b>AM Snack:</b> Yogurt w/ fruit <b>Lunch:</b> Chicken Fries w/ veggies <b>PM Snack:</b> Ritz Crackers w/ fruit	14 <b>AM Snack:</b> Cream of Wheat w/ fruit <b>Lunch:</b> Pizza w/ veggies <b>PM Snack:</b> Frozen Yogurt w/ fruit	15

	<p>16</p> <p style="text-align: right;">17</p> <p><b>Martin Luther King, Jr. Day</b></p> <p><b>School Closed</b></p>	<p style="text-align: right;">18</p> <p><b>AM Snack:</b> Cereal w/ milk  <b>Lunch:</b> Turkey Tacos w/ beans  <b>PM Snack:</b> Pirate's Booty w/ fruit</p>	<p style="text-align: right;">19</p> <p><b>AM Snack:</b> Pancakes w/ fruit  <b>Lunch:</b> Grilled Cheese Sandwiches w/ veggies  <b>PM Snack:</b> Vanilla Pudding w/ wafers</p>	<p style="text-align: right;">20</p> <p><b>AM Snack:</b> French Toast w/ fruit  <b>Lunch:</b> Dino Nuggets w/ veggies  <b>PM Snack:</b> Animal Crackers w/ fruit</p>	<p style="text-align: right;">21</p> <p><b>AM Snack:</b> Cereal w/ milk  <b>Lunch:</b> Deli Turkey Sandwiches w/ veggie chips  <b>PM Snack:</b> Jell-O w/ fruit</p>	<p style="text-align: right;">22</p>
<p>23</p>	<p style="text-align: right;">24</p> <p><b>Am Snack:</b> Cereal w/ milk  <b>Lunch:</b> Pasta &amp; Marinara Sauce w/ veggies  <b>PM Snack:</b> Cheez-It's w/ fruit</p>	<p style="text-align: right;">25</p> <p><b>AM Snack:</b> Biscuits w/ jam &amp; fruit  <b>Lunch:</b> Turkey hot dogs w/ veggies  <b>PM Snack:</b> Pretzels w/ fruit</p>	<p style="text-align: right;">26</p> <p><b>AM Snack:</b> Waffles w/ fruit  <b>Lunch:</b> Quesadillas w/ veggies  <b>PM Snack:</b> Graham Crackers w/ applesauce</p>	<p style="text-align: right;">27</p> <p><b>AM Snack:</b> Yogurt w/ fruit  <b>Lunch:</b> Chicken Fries w/ veggies  <b>PM Snack:</b> Ritz Crackers w/ fruit</p>	<p style="text-align: right;">28</p> <p><b>AM Snack:</b> Cream of Wheat w/ fruit  <b>Lunch:</b> Pizza w/ veggies  <b>PM Snack:</b> Frozen Yogurt w/ fruit</p>	<p style="text-align: right;">29</p> 
<p>30</p>	<p style="text-align: right;">31</p> <p><b>AM Snack:</b> Cereal w/ milk  <b>Lunch:</b> Mac &amp; Cheese w/ veggies  <b>PM Snack:</b> Goldfish w/ fruit</p>					